



LES D Parent Center Class Matrix



Educating Parents,
A Child's Lifetime Teacher

Class	Description	Purpose
ESL	ESL classes are English as a second language courses that teach English grammar and vocabulary including listening, writing, and speaking skills, for beginners, intermediate and advanced levels.	Develop a foundation of English reading, writing and speaking skills.
GED	This class prepares parents to take the GED exam. The five subject areas that are covered are Reading, Writing, Social Studies, Science and Mathematics.	Build capacity in basic reading, writing, mathematic, and history knowledge and skills to parents for them to be able to provide assistance to their children with academics.
Computer Skills	This class teaches basic computer skills, keyboard fluency, how to browse the internet, creating and navigating an email account and much more.	100% of our students use computers in school. Most have project to complete. The purpose of this class is to provide participants with a strong foundation of basic computer skills so they may support their students with the use of technology.
Crochet	Learn to crochet using different hooks, tools and accessories. Students will learn how to make different types of stitching and patterns.	Network, Network, Network. Yes, it is a relaxing hobby, but our crochet class offers parents a time to share ideas, get connected with our district and do some community service.
Healthy Living	Healthy parent, healthy child. This class is a combination of good nutrition and exercise. Participants learn how to eat balanced meals, build healthy habits and how to stay physically active.	Research shows students who are physically active perform better in school. The goal is for parents to learn how to live healthier lifestyles so they can encourage their children to do the same.
Latino Family Literacy	This class concentrates on enhancing literacy and language skills. It encourages reflection and dialogue by means of reading, writing and art projects.	The purpose of this class is to provide parents reading tips and techniques to encourage literacy in their homes.



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Parent Project	This class provides parents with tools to respond to their children's behavior. Parents will learn to develop positive relationships, teach responsibility, and build values and how to get kids to stop doing things they want them to.	Empower parents, transform children. Parents will walk away with techniques on dealing with strong willed children and how to implement positive changes at home.
R.A.D Club (Responsible Active Dads)	Just for Dads! This is a series of workshops and fun activities offered to dads and male role models to increase dad involvement. Workshops include discipline, building relationships, fun science projects and more.	The goal is to motivate fathers and/or other male role models through coaching and to increase their confidence by providing support and tools that they need to be involved in the academic and social lives of their children.
3 For Me	Three for Me a promise from a parent to a child and a promise from a parent to a school. Parents will learn about the district's volunteer protocol and ways they can help out at schools. By signing a promise card, a parent promises to volunteer three hours of his or her time to the school on behalf of his or her child.	Encourage parents and family members to become active participants in their child's school and/or district. Help parents meet other parents from their child's school to develop.
Parent Involvement Book Club	Parents will use the book You Are Not Alone as a guide to share insights on education, nutrition, discipline, finances, motivation and many more themes that relate to one's life and community.	The goal is to enhance family engagement by placing ownership of school and community wellness in parent's hands.